

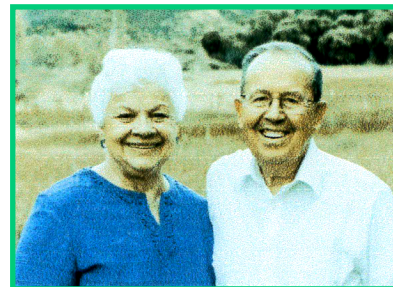
# Wasatch County Seniors Newsletter

Open M-F 8:30 am—4:00 pm  465 E 1200 S Heber City, Utah  Phone: 435-654-4920

# September 2020

## SPOTLIGHT

### Kyle Probst



My name is Kyle Probst. I was born in our old family home in Midway, at 115 North 400 West, on March 2, 1938. I am the 8th of 10 children born to Nephi and Elizabeth Beck Probst. I graduated from Wasatch High School in 1956. I worked on our family farm growing up, then as a young man I worked for Newell Jensen in Soapstone, cutting and slabbing lumber. I also worked for Alfred Brow Construction Co. in Salt Lake, building the Highland High School, where the old Prison used to be. In 1958 I was called on a Mission to Northern California, we had to be 20 years old at this time. Our mission home was in San Francisco, our boundary on the South was King City, on the North was Kalmath Falls, Oregon and all of Northern Nevada. When I got home after 2 years I went to Barber School in Salt Lake, I shared rides with some of the carpenters from Midway. After 6 months I started working in Foothill Village at Bob's Barber-shop. I worked there for 4 1/2 years. In 1962 I married Paula Cushing in the Salt Lake Temple. We have been blessed with seven children, 27 grand children and 29 great grand children, with 3 more on the way. I have lived in Midway my entire life. Some thought I was crazy but I commuted to SLC and then in 1964 I went to work at BYU barbershop in Provo. I worked there for 35 years. In 1983 Elder Marvin J Ashton called me to be the Midway Stake Patriarch. I am still giving Blessings. I have served in the Timpanogos and Provo temples for 25 years, the last 8 years serving as a Sealer. We've had our share of trials, but life is very good, especially living here in the "Tops of the Mountains".

#### Senior Center Staff

- Center Director:  
Ashley Fish
- Food Services Manager:  
Cora Briggs
- Administrative Secretary:  
Tiffany Horrocks
- Activities Coordinator:  
Candie Bonner

#### COUNTY ADVISORY BOARD 2020

- Chair: Jim Kohler
- Vice-Chair: Tom Melville
- Secretary: Marcia Young

#### Regular Members:

Betty Brandner, Steve Farrell (County Council Rep.),  
Mary Johnson, Jim Kohler, Raneva Lemon,  
Linda Middleton, Rick Tatton, Marcia Young

1<sup>st</sup> Alternate: Tom Melville  
2<sup>nd</sup> Alternate: David Davies

#### SENIOR CENTER CORPORATE BOARD 2020

- President: Sandy Hansen
- Vice-President: Cheryl Jones
- Past President: Dennis Allen
- Secretary/Treasurer: Marvin Rust
- Historian: Dan Rider

#### Directors:

Dee Akerley, John Besendorfer,  
Roy Daniels, Laurel Rail, Wayne White

## From the Director's Desk . . . . .

(September 2020)



We miss seeing you all. We'll be so happy when we're able to open our Senior Center once again. We know you will be, too. In the meantime, here's more "food for thought" from a variety of authors, thinkers and philosophers . . . . . :)

"When you get to feeling full on discontent and dissatisfaction, stop and think about high school algebra."

"I thought growing old would take longer."

"When I was a kid I wanted to be older. . . . . this is not what I expected."

"I'm still trying to figure out how I got over the hill when I never saw the top of it."

"You'll know when you're old. Everything will have dried up, sags, or leaks."

"Some people try to turn back their odometers. Not me, I want people to know why I look this way. I've traveled long and far and not all the roads were smooth and calm."

"The older we get, the fewer things seem to be worth standing in line for."

"One of the many things no one tells you about 'aging' is that it's such a nice change from being young."

"Eventually you will reach a point when you stop lying about your age and begin bragging about it."

Stay tuned, there's more to come. We wish you continued good health and happiness. Please be safe.

Ashley R. Fish

# MEDICARE

Welcome to September! I hope you all are doing well with the state of the World and that you are staying safe. I wanted to go over some COVID issues that are related to Medicare coverage. There is a website: [coronavirus.gov](https://www.coronavirus.gov) that can give you the latest information on prevention, symptoms and the answers to the most common questions. As you know, there is no cure or vaccine for the virus at this time. There are, however, many scam cures going around. Please hang up on any calls about miracle cures and do not open emails about those types of things. Never give out personal information to an unknown caller. When there is a vaccine approved, Medicare will cover the cost. You pay nothing for the COVID test with Original Medicare when you get it from a laboratory, pharmacy, doctor, or hospital. Medicare Advantage Plans can't charge copayments, deductibles, or coinsurance for clinical lab tests to detect or diagnose COVID-19. Medicare will also cover the antibody test as long as the test is FDA approved. Beware of pop-up testing sites in vacant lots that charge \$100-200. If you have to go to a Skilled Nursing Facility (SNF) the 3-day hospital rule has been waived for the duration of the Public Health Emergency. You can be admitted to a SNF from your home, your doctor's office or from the hospital.

By the end of September you should be receiving an Annual Notice of Change (ANOC) from either your Part D prescription drug plan or your Medicare Advantage plan detailing the changes to your plan for 2021. Please do not ignore this letter/packet. You will need this information to decide if you will keep your current plan or if you want to change to a new plan during Medicare Open Enrollment (October 15-December 7). Our office will be available to help you review your plan and help make a change, if needed. We will not be able to make appointments at the Senior Center this year. Please call me (Dawn Loper) at 801-229-3810 with questions about Medicare and for information about the Part D Extra Help Program.

**DAWN LOPER**

SHIP Medicare Counselor

801-229-3819

[www.LoveYourLaterLife.org](https://www.LoveYourLaterLife.org)

# Happy Birthday

William Sandoval	1	Thomas Horrocks	8	Sandy Hansen	12	Carroll Lee Hicken	21
Becky Dollarhide	2	Vernon Murdock	9	Shirley Osborn	12	Louise Murdock	21
Sheila Bryson	3	Grace Broadhead	10	Mary Johnson	13	Sheila Stensrud	21
Polly Jeffs	3	Ken Kohler	10	DeLila Jackson	15	Marvin Rust	21
Dick Baum	4	Arlene Ryan	11	Sharon Scott	16	Kathy Mickler	22
Tom Kudla	4	Ronald Staub	11	LaRae Jeffs	17	Donna Broussard	23
Roy Daniels	5	Ruben Bustamante	11	Franki Loftus	20	Myrna Vernon	24
Colette Prestwich	6	Dale Dinges	11	Cheryl Jones	20	Gene Cox	30

## M&M Band Virtual Performance



It is the M&M Senior Band's desire to share with the Wasatch Senior Center Community our best wishes during this time of pandemic difficulty.

Go to [www.youtube.com](http://www.youtube.com) and search "M&M Band Virtual Performance".



## Obituaries

Gale E Bates  
Born: July 31, 1940  
Died: July 20, 2020  
Married: Shonnie Bates

Ida G Bigelow  
Born: December 8, 1932  
Died: July 24, 2020

Colleen Greenwood Gailey  
Born: August 2, 1949  
Died: July 27, 2020  
Married: Dennis Gailey

Royal Allan Giles  
Born: August 7, 1925  
Died: August 2, 2020  
Married: Audrey Giles

Herbert Westley Tuttle III  
Born: February 28, 1933  
Died: August 2, 2020  
Married: Kathy Tuttle

Helen Dorene May  
Born: September 14, 1937  
Died: August 5, 2020  
Married: Julius May

Ricky C Watson  
Born: December 20, 1954  
Died: August 8, 2020  
Married: Sharlene Knight Watson

Nanette Schooler  
Born: March 23, 1940  
Died: August 15, 2020  
Married: Dick Schooler

Betty Ann Fausett Wall  
Born: November 30, 1937  
Died: August 16, 2020  
Married: Ed Wall

Loyd L McGuire  
Born: September 29, 1934  
Died: August 16, 2020  
Married: Bonnie Holloway McGuire

**Do you have extra wheelchairs in your way?**

**Did you know you can donate them to the Senior Center?**



To all our Seniors...just a little info from the kitchen. September is bringing in some very pretty colors in the hills and mountains. Enjoy the colors before they disappear.

Looks like we won't be opening the Senior Center very soon. We will continue to serve meals as always. Please remember to call in your meal order or to cancel. It would be very much appreciated.

Labor Day falls on September 7<sup>th</sup> this year. The Senior Center will be closed. Labor Day is dedicated in honor of the American worker, also appropriately called the "workingman's holiday". The holiday is dedicated to you in respect and appreciation for the work you do in or outside of the home, union or non-union, big company, small companies, or government. As long as you work somewhere at something, this holiday is for you!

Grandparent's Day is September 13<sup>th</sup>. I hope you get acknowledged by one of your grandchildren. Being a grandparent is one of the greatest gifts we are given.

I'm going to let you in on one of my secrets...You've heard about Christmas in July, I had "Christmas in July" with my immediate family. We had it on July 25<sup>th</sup>. It was a blast. Everyone who loves Christmas should do it just once. You'll love it. We did.

Life is that we get old too soon and wise too late. Benjamin Franklin

Please remember to keep drinking your water. Hopefully it will keep the virus flushed out of our system. Until next time take care...Cora Briggs



# Cora's Kitchen

Get the  
**FLU SHOT**  
not the flu!

The Wasatch County Health Department Nurse is coming to the Wasatch County Senior Center to administer Flu Shots. They are offering a High Dose and Regular Quadrivalent vaccine at both clinics.

**Where:** Senior Center Auditorium

**Time:** By Appointment ONLY—Appointment available between 10:30 am—Noon

**Dates:** Wednesday, September 30 / Wednesday, October 7th

**Bring:** Insurance or Medicare Card & Face Mask

**Call the Senior Center to Schedule your appointment today!!..... Don't wait until all spots are full.**

## MOUNTAINLAND ASSOCIATION OF GOVERNMENTS (MAG)

In addition to Meals-On-Wheels did you know that MAG consists of 8 different departments?

Are you interested in what other services MAG offers?

Be sure to check out the "About MAG Services" video on the MAG website home page to learn more.

[www.mountainland.org](http://www.mountainland.org)

When do you go at red and stop at green?



When you're eating a watermelon!!!

momvalleyboys.com

Q: What kind of music do killer whales like?

A: They listen to the orca-stra!



Why don't ants get sick?



Because they have little Anty Bodies.

colfaxartshouse.com

Why do watermelons have such big fancy weddings?



Because they cantaloupe.

Why do fish like to eat worms?



Because they get hooked on them!

momvalleyboys.com



# Trips / Tours



*Due to COVID-19 Precautions regular activities will resume when we reach "GREEN" Phase.*

## Find Us On Facebook



## Join Us On The "Wasatch County Senior Center" Page For Some Fun!

**Every Wednesday—What's Up Wednesday:** We will be streaming live starting at **10:00AM**. Let's chit chat, we want to know what you have been up to!

**Every Wednesday—Bingo:** We will be playing Bingo on Facebook live at **1:00PM**! No charge to play. Bingo cards and prizes will be picked up curbside Tuesday & Thursdays 11:30-12:15 during lunch pick up.

**Wednesday, September 9th—Tile Coaster Class via Zoom:** Mary Johnson will be teaching the Tile Coaster Class via Zoom meeting at **2:00PM**. Supplies for class will be picked up curbside. Cost is \$1 per tile. Call Center for details 435-654-4920

We are here to help! If you need assistance accessing these sites on your smart phone or computer, call the Senior Center and we can assist you. We want this to be easy and enjoyable.

## Throw Back Pictures



# Senior Book Club

We are currently reading:

**Beneath a Scarlet Sky  
by Mark Sullivan**

Next outdoor meeting:

Thursday, September 17th

\*Don't forget: Chair, Mask & Book\*

Call the Senior Center for more information 435-654-4920.

## Books On Buses



Let us drop off books, movies, puzzles, magazines, etc. to  
your door step, at no charge to you.

This service is offered to Wasatch County Seniors.

How it works:

- **Call the Senior Center 435-654-4920** with your request.  
Please provide your name, address, and phone number.
- **Thursday is delivery day.** We will deliver your items in a bag, which will be left outside on your doorstep or door handle.
- **Monday is pick up day.** Call us if you are finished with your items and ready for them to be picked up. In the morning, leave them outside in a bag clearly marked "library" for collection.



This project is a collaboration of the  
Wasatch County Senior Center and the  
Wasatch County Library.





# Senior Giggles

